

Safety • Community • Awareness



SAINT PAUL
URBAN TENNIS

LAUNCHING LEADERS

2021 Summer

Covid-19 Safety Plan

Updated 6/14/2021

stpaulurbantennis.org/covid

Arrive Safe • Stay Safe • Leave Safe

6/14/2021 Updates

Masks no longer required

In alignment with St. Paul Parks and Rec guidelines and research that concludes outdoor transmission is negligible, we will no longer be requiring masks outdoors for participants or coaches. That said, wearing a mask is still a great way to reduce risk of transmission. For this reason, we will still have masks on site for anyone interested in wearing one during lessons.

Quarantine Changes

Any participant that comes into contact with a positive Covid-19 case or contracts Covid-19 themselves will be asked to quarantine. We will follow these guidelines:

- **If a participant or coach comes in contact with Covid-19:**
 - Inform staff immediately (staff will immediately inform all families at that site)
 - Observe 5 day quarantine and then get a negative test to return to programming
 - Masks will be worn by participants and coaches until negative test is confirmed
- **If a participant or coach tests positive for Covid-19:**
 - Inform staff immediately (staff will immediately inform all families at that site)
 - Observe a 10-day quarantine and then get a negative test to return to programming
 - Masks will be worn by participants and coaches until negative test is confirmed

Families will be responsible for assessing their own risk comfort levels with attending lessons.

Inform and Trace (Not shut down)

Rather than shutting down sites with potential Covid-19 exposure (as we have done in 2020 and spring 2021) we will instead inform all families any time a potential exposure has taken place and allow them to assess their own comfort with continued attendance. In the event of potential exposure, we will put a mask mandate in place until we can ascertain that transmission risk is no longer present.

Prevention and Response Plan

Preventative Measures

This pandemic is bigger than any one of us, which is why we need to unify around safe practices. Every person that commits to practicing safe choices contributes to keeping our communities healthy and strong. Here are SPUT's commitments to preventative measures:

Before/After the Lesson

- Encouraged weekly symptom check for all staff and participants
- Spacing and sanitation measures on court
- Quarantine required for all staff and participants potentially infected
- Masks and equipment available upon request

During the Lesson

- Outdoor ventilation is incredibly effective in reducing risk of Covid-19 transmission
- Players and coaches try to maintain distance of 6 feet as much as possible
- Sanitize hands before and after ball pick-up

Response Action Plan

Each person must assess their own risk factors. While tennis is among the safest sports to play, there is no 100% risk free guarantee. We are confident in our preventative measures but have strategies in place to respond in the event of a potential participant or staff infection.

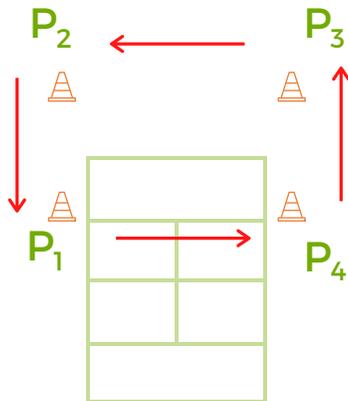
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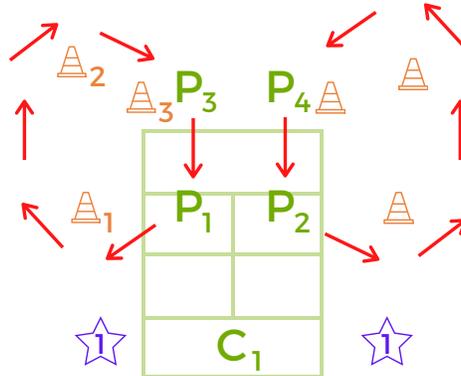
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Safety Strategies

Box Rotation

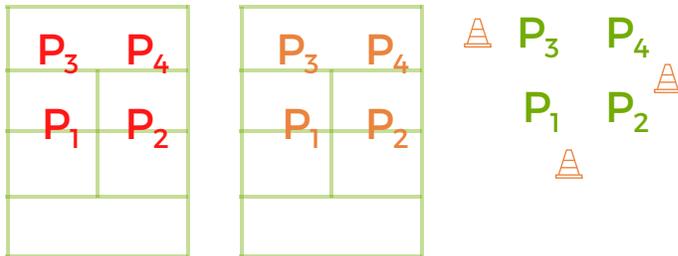


Twin Circles Rotation



SPUT has developed several rotation strategies for drills and games that support distancing and movement.

Stations



Stations allow for us to create smaller clusters and increase spacing. At sites where participation is high, SPUT will lead off-court athletic drills to support spacing.

Who Can Touch It?

 = Coaches

 = Coaches/
Players*

 = Owner

 = Nobody!

SPUT will educate participants on the importance of healthy practices on and off court. An example of this is teaching and encouraging students to avoid sharing surfaces and touching their faces. Ball pick up is the only instance where students share a surface and tennis balls have been shown to have very low risk of surface to surface transmission.

Frequently Asked Questions

What should I do if I start noticing symptoms in myself or my family?

Please stay home! Seek out a test as soon as possible. If you are unable to get tested, we ask that you observe a 10 day quarantine period before returning to programming. Please inform SPUT staff immediately.

Do participants have to wear masks the entire time?

No. As of 6/14/2021 SPUT will no longer be requiring masks outdoors. While we encourage mask usage, the bulk of research suggests that the risks of outdoor transmission are incredibly low. Masks will be used in the event that a potential Covid-19 case has been recognized in our programs.

How will staff ensure 6 feet of distance is maintained at all times?

Unfortunately, the reality of programming with young people is that we can't guarantee 6 feet of distance. However, encouraging 6 feet of space whenever possible is easy for youth to understand and encourages them to monitor themselves as much as possible. In combination with other safety measures such as regular sanitizing and outdoor ventilation we believe that we are meeting an exceptional standard of risk mitigation.

If programming is cancelled, will I get a refund?

Unfortunately, SPUT will not have the capacity to issue refunds this year. Instead, we will give families a credit toward future programming.

Where can I learn more?

Below are our favorite resources for staying current on best practices and information:

- <https://www.usta.com/en/home/stay-current/national/usta-statement-on-safety-of-playing-tennis-during-the-covid-19-v.html>
- <https://data.ramseycounty.us/stories/s/Ramsey-County-COVID-19-Situation-Update/w4ux-wmze>
- https://mn.gov/covid19/?gclid=CjwKCAiAsOmABhAwEiwAEBR0ZggkoFoC4AHwkaJBz0Lmqzw-Lfi1yBzeWEgvZuVb1kPT8kLlybKIhoCIZ8QAvD_BwE
- <https://www.mshsl.org/mshsl-covid-19-information>