

Safety • Community • Awareness



SAINT PAUL
URBAN TENNIS

LAUNCHING LEADERS

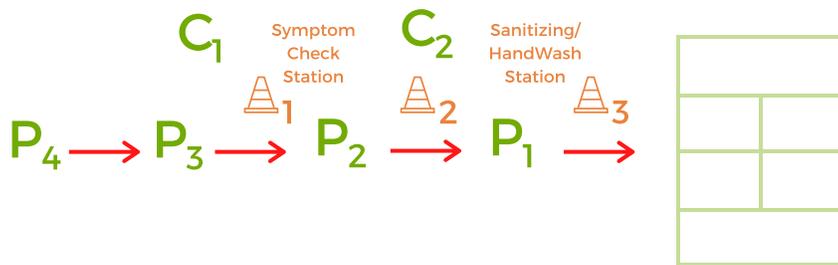
2021 Summer
Covid-19 Safety Plan

stpaulurbantennis.org/covid

Arrive Safe • Stay Safe • Leave Safe

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Arrival Process



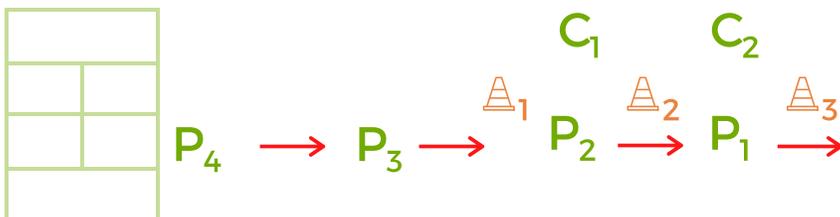
- All participants complete symptoms check with coach
- Sanitize hands before stepping on court
- One participant allowed through at a time to maintain distancing

Player Areas



- All participants have a designated area for their belongings to ensure distancing during breaks and review

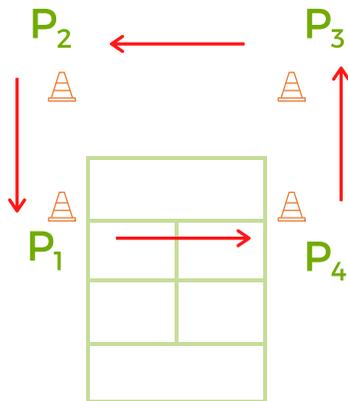
Dismissal Process



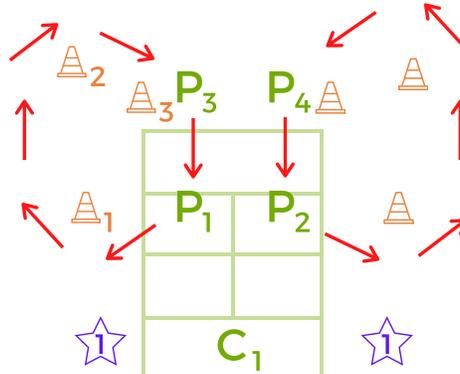
- Participants dismissed one at a time
- Distancing encouraged until participants are well away from the programming space

Safety Strategies

Box Rotation

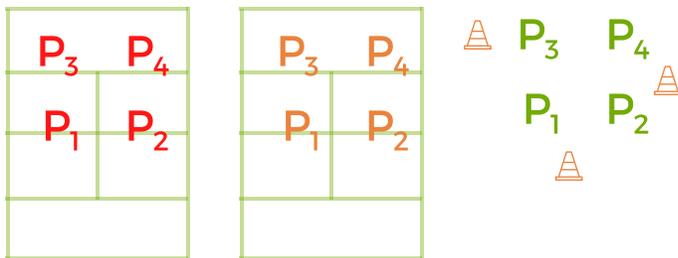


Twin Circles Rotation



SPUT has developed several rotation strategies for drills and games that support distancing and movement.

Stations



Stations allow for us to create smaller clusters and increase spacing. At sites where participation is high, SPUT will lead off court athletic drills to support spacing.

Who Can Touch It?

 = Coaches

 = Coaches/
Players*

 = Owner

 = Nobody!

SPUT will educate participants on the importance of healthy practices on and off court. An example of this is teaching and encouraging students to avoid sharing surfaces and touching their faces. Ball pick up is the only instance where students share a surface and tennis balls have been shown to have very low risk of surface to surface transmission.

Prevention and Response Plan

Preventative Measures

This pandemic is bigger than any one of us, which is why we need to unify around safe practices. Every person that commits to practicing safe choices contributes to keeping our communities healthy and strong. Here are SPUT's commitments to preventative measures:

Before/After the Lesson

- Weekly symptom check for all staff and participants
- Temperature check before entry
- Spacing and sanitation measures on court
- Quarantine required for all staff and participants potentially infected
- Masks and equipment available upon request

During the Lesson

- Players maintain distance of 10 feet
- Sanitize hands before and after ball pick-up
- Coaches required to wear masks on same side of net as students
- Players wear masks to and from court. Masks may come off during play but need to be put on any time they are within 10 feet of others.

Response Action Plan

Each person must assess their own risk factors. While tennis is among the safest sports to play, there is no 100% risk free guarantee. We are confident in our preventative measures but have strategies in place to respond in the event of a potential participant or staff infection.

1. Notify a SPUT staff member immediately as soon as you are aware
2. The affected person will be immediately removed from lessons. A negative test result and 10-day quarantine period are required for return to lessons.
3. Participants and staff of that group will be notified and kept aware of the situation (no personal information will be shared).
4. Participants and staff who shared a court with the infected player will observe a 14-day quarantine period before returning to lessons.
5. An internal review will commence to ensure proper safety measures are in place

Frequently Asked Questions

How did SPUT do in 2020?

With similar safety measures in place, SPUT observed ZERO cases of Covid-19 within our programs. On only one occasion was there a case of covid-19 with a potential participant. In that instance, they caught their symptoms early (thanks to our encouraged symptoms check) and never even stepped on court. Even during our winter indoor season we saw no cases of spread within our programs. We are steadfast in our commitment to maintaining the highest standards of covid-19 safety within our programs.

What should I do if I start noticing symptoms in myself or my family?

Please stay home! Seek out a test as soon as possible. If you are unable to get tested, we ask that you observe a 7 day quarantine period before returning to programming.

Do participants have to wear masks the entire time?

Yes, with some exceptions. When there is a higher heat index or concerns about breathing, we will increase our distancing measures and allow for masks to be taken down during breaks for players to catch their breath. Coaches are required to wear masks any time they are within 20 feet of players.

How will staff ensure 10 feet of distance is maintained at all times?

Unfortunately, the reality of programming with young people is that we can't guarantee 10 feet of distance. However, encouraging 10 feet of space whenever possible is easy for youth to understand and encourages them to monitor themselves as much as possible. In combination with other safety measures such as regular sanitizing, masking, and outdoor ventilation we believe that we are meeting an exceptional standard of risk mitigation.

Frequently Asked Questions

What if there is another surge (as happened in November 2020)?

If a surge takes place during our programs, we will follow the leadership of our local and state health leaders. While defining a "surge" is difficult, we will be openly communicative with families to help everyone make the best choice for their families. This will include weekly covid-19 status updates. In November 2020, SPUT cancelled programming due to a sharp rise in covid cases before the statewide mandate to cancel in person programming.

If programming is cancelled, will I get a refund?

Unfortunately, SPUT will not have the capacity to issue refunds this year. Instead, we will give families a credit toward future programming. In spring of 2020, we issued full refunds to families which cost us an unsustainable amount of staff time and resources. If you have doubts, we ask that you please register and select "Pay Later" on the payment screen. SPUT staff will follow up in April to collect payments when we have a better gauge of what summer will look like.

Where can I learn more?

Below are our favorite resources for staying current on best practices and information:

- <https://www.usta.com/en/home/stay-current/national/usta-statement-on-safety-of-playing-tennis-during-the-covid-19-v.html>
- <https://data.ramseycounty.us/stories/s/Ramsey-County-COVID-19-Situation-Update/w4ux-wmze>
- https://mn.gov/covid19/?gclid=CjwKCAiAsOmABhAwEiwAEBR0ZggkoF-oC4AHwkajBz0Lmqzw-Lfi1yBzeWEgvZuVb1kPT8kLlybKlhoCIZ8QAvD_BwE
- <https://www.mshsl.org/mshsl-covid-19-information>