



# Saint Paul Urban Tennis

## Spring Youth Classes 2019

6-Week session beginning on April 16<sup>th</sup>

Register at [www.urbantennis.org](http://www.urbantennis.org) Questions? Call 651-222-2879

### **Munchkin Tennis (Ages 5-7)**

Children will learn basic athletic skills needed for tennis with a focus on developing agility, balance and coordination.

### **Red Ballers (Ages 7-10)**

Kids will learn and practice forehand and backhand skills and receive an introduction to serve and volley through a variety of racquet and ball activities.

### **Orange Ballers (Ages 8-11)**

Kids will learn basic rules and continue to work on rallying the ball with a partner. Focus will be on footwork as well as sending and receiving skills to help players develop consistency with ground strokes. Players will learn and practice serves and volleys through a variety of racquet and ball activities. Preferred skill: Ability to rally with a partner using red balls.

### **Green Ballers (Ages 9-12)**

This class is for kids with prior sports experience who are getting ready to enter age appropriate competition. Players should be able to maintain a ground stroke rally over the net. Players will develop a more complete game with attention to the volley and serve.

### **Teen Tennis (Ages 13+)**

Kids put all of their strokes and footwork together to further strengthen their skills. Teens will enjoy competitive play.

*Financial assistance is available for all youth programming. Racquets will be provided if needed. Participants should wear tennis shoes and bring a water bottle.*

### Spring 2019

LOCATION	DATES	DAY	CLASS	TIME	COST
Eastview Recreation Center	April 16 – May 21	Tuesdays	Munchkin Tennis	4:30 pm to 5:30 pm	\$60
			Red Ballers	5:30 pm to 6:30 pm	
North Dale Recreation Center	April 18 – May 23	Thursdays	Munchkin Tennis	4:30 pm to 5:30 pm	
			Red Ballers	5:30 pm to 6:30 pm	
Central Senior High School	April 20 – May 25	Saturdays	Munchkin/Red Ballers	9:00 am to 10:00 am	
			Orange Ballers	10:00 am to 11:00 am	
			Green Ballers	11:00 am to 12:00 pm	
			Teen Tennis	12:00 pm to 1:00 pm	

Saint Paul Urban Tennis seeks to strengthen our community by empowering youth to realize their full potential. If your family would like financial assistance to attend our programs, please email: [scholarships@urbantennis.org](mailto:scholarships@urbantennis.org)